9runrun volunteers

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Brenda +3	setup + kit pickup table	613 220 5204	
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Pam Mundell	kit pickup table		
Lois Breadner	kit pickup/food setup	613 876 1620	
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Lee Rankin	5K 25min pacer	613 888 7693	
Samantha Britton	5K 30min pacer	613 614 5567	
Alex Wallace	5K 35min pacer	343 333 0003	

Paul Cehan	10K lead cyclist		plcbend@hotmail.com
Nathan Colburn	5K lead cyclist		613 483 5591